



LSA Family Health Service

Founded by the Little Sisters of the Assumption

ANNUAL REPORT 2019



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*Retired as of June 30, 2020



LETTER FROM OUR CEO & BOARD CHAIR

Dear Friends,

As we use this report to reflect on 2019, it seems difficult to reflect on the previous year without talking about the world today.

2020 has only reinforced LSA's mission to strengthen vulnerable families by meeting their basic need for food, clothing, healthcare, education and a safe home — all things needed more than ever today. Our community has been one of the hardest hit by the COVID-19 crisis, making LSA's services as a frontline responder absolutely critical.

Throughout 2019, the agency saw many successes positioning us for a strong future. Our programs were featured by local and national media outlets such as the *New York Times* and *Telemundo47*, we've rallied in Washington DC for immigrant rights, and presented our research at national conferences.

As always, we cannot be more proud of the talented and skilled staff who dedicate themselves to the work of LSA each and every day. They are the driving force behind everything we do to improve the lives of all those in our community.

We also thank you, our dedicated volunteers, donors, and board of directors for supporting LSA and the children and families of East Harlem.

Sincerely,



Ted Hopper
Board Chair



Reada Edelstein
Chief Executive Officer

OUR MISSION

LSA Family Health Service, founded by the Little Sisters of the Assumption, strengthens and empowers vulnerable families and children by meeting their basic needs for food, healthcare, education and a safe home, in the belief that affirming families in their own dignity improves the entire community.

COMMUNITY HEALTH AND WELLNESS PROGRAMS

Advocacy and Food Pantry programs help families meet their immediate need for food and address the longer-term issues that keep people in poverty.

ADVOCACY

Environmental Health Services improve health and well-being by helping families remove asthma triggers from their homes.

ENVIRONMENTAL

Nursing, through our Certified Home Health Agency (CHHA) provides direct nursing care to patients at home. The program specializes in maternity outreach—prenatal, postpartum, newborn & pediatric care.

NURSING

2019 HIGHLIGHTS



LSA Collaborates with El Museo del Barrio

LSA clients and El Museo del Barrio came together to create a Day of the Dead altar. The exhibition, Flor de La Vida, was a take on traditional ofrendas inspired by the ancestral tradition of Día de Muertos in Mexico. Coordinators from El Museo del Barrio and participants from LSA created elements of the altar during the span of a month, through weekly workshops through our Building Bridges program. Flor de La Vida, named by participants, commemorated the notion of memory as a way to celebrate life and it invited us to consider what story we leave behind.



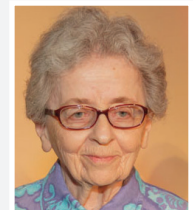
LSA Participated in Prestigious Fellowship



Director of Mental Health Services, Mónica Sánchez, was accepted into the 2019 Immigrant Civic Leadership Program (ICLP) Cohort of Coro New York. The program is designed to provide the leaders of our city with the resources they need to understand how decisions are made, how complex policies are shaped, and how to influence meaningful change within their communities.

Cutting-Edge Nursing Research Presented

Nursing research entitled, "Prevalence of peri-partum depressive symptoms in a population of high-risk women," was presented at the 2019 Annual Meeting of the American Public Health Association. The research, authored in part by two LSA representatives—Rachel Fletcher-Slater and Sr. Susanne Lachapelle—looks to identify trends in depression risk for women served by LSA.



Sister Susanne Lachapelle

LSA Joins the East Harlem Youth Opportunity Hub

LSA was selected by Union Settlement to become a service provider for the East Harlem Youth Opportunity Hub, which is funded by the Manhattan District Attorney's Office. The Hub is an alliance of over a dozen East Harlem organizations working together to offer services for at-risk youth ages 10-24 and improves collaboration with key East Harlem community based organizations.

We Believe in . . .

The uniqueness and dignity of each person
The strength of families
The power of relationships
The richness of diversity
Justice as a right for every person
The creativity of the human spirit
The importance of the spiritual search

And So We Choose to . . .

Be respectful and caring in all our relationships

Accept people as they are and help them build self-esteem and confidence
Support the whole family (as defined by the family themselves)
Maintain high-quality professional service in all of our programs
Collaborate with others in the building of community
Welcome diversity
Advocate for just solutions to problems faced by families
Strengthen families' ability to advocate for themselves

FAMILY SUPPORT SERVICES

Parenting and Child Development works with families to keep children developmentally on track through third grade. It includes home visits and socialization groups for children 0-3 years old, 3K and PreK support through the LIFE project, year round academic enrichment for children in grades K-3, and mental health counseling and art therapy for women of childbearing age.

CHILD DEVELOPMENT

Preventive Services is a support program that strengthens family functioning to avoid placement of children in foster care. (The Preventive program was discontinued in June 2020)

PREVENTION

The Sharing Place Thrift Store is a popular destination for good quality, bargain-priced clothing and housewares. In addition, the store provides free emergency clothing to clients in immediate need.

THRIFT STORE

2019 HIGHLIGHTS



Telemundo47's Victoria Soto at LSA after taking part in a birthing and nursing class

In the Media

Throughout 2019, LSA was featured in major news outlets both locally and nationally. Former LSA client and volunteer, Prioska Galicia, is featured in the *New York Times* story, "A Dreamer Finds Her Voice." In the story, Prioska reflects on her time at LSA and the impact that the organization has had on her future.

Ray Lopez, LSA Director of Programs and Director of Environmental Health, featured on the weekly national satellite radio talk show, *JustLove*, on SiriusXM's Catholic Channel. Ray spoke about LSA's asthma program, the importance of a healthy home, and its impacts on the health of the community.

Telemundo47's Acceso Total visited LSA to learn more about the birthing and nursing classes offered at the agency. The segment was featured as part of a larger maternity series about city-wide services.

Events

LSA hosted two of their hallmark events during 2019, The Spirit of East Harlem Gala and Flavors of East Harlem. The Gala, held on May 20th at Tribeca 360, honored Dr. Richard Bonforte, Barbara Brenner, Stephen M. Waldorf, William Waldorf, Roberta Guaspari, and Mary Julia Koch. Flavors of East Harlem, held on October 10th at Sotheby's New York, featured twenty food and drink vendors to provide a true taste of the East Harlem community.



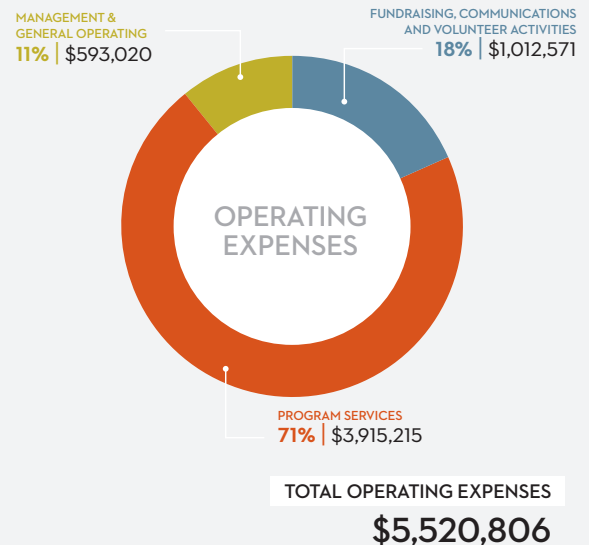
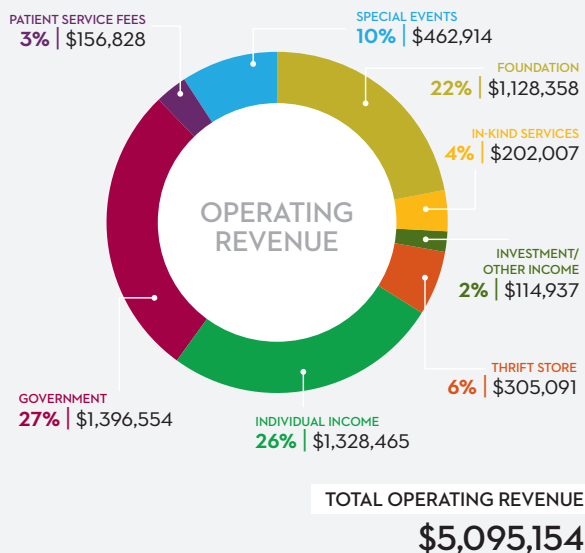
The 2019 Gala, hosted by Ron Claiborne, retired correspondent for ABC News was held on May 20th.



Guests of Flavors of East Harlem enjoy a variety of cuisines that shape East Harlem's gastronomic scene.

FINANCIALS

2019 saw a successful continuation of LSA's Capital Campaign with a pledge total of \$705,000. This brings the Campaign's two-year total to \$2,900,000 with \$2,300,000 paid out by the end of 2019. Revenue from donations dipped due to a significant shortfall on the gala, which accounted almost entirely for the deficit of \$446,000. The board and senior leadership also invested in strengthening fundraising capacity and expanding programs. LSA leadership believes that resources from previous surplus years can be strategically invested in future programmatic or financial paybacks in 2020.



ANNUAL PROGRAM IMPACT

EAST HARLEM COMMUNITY PROFILE

46.5%

Children living below federal poverty level

9.9%

Women giving birth with late or no prenatal care

39.9%

Adults living in poor housing conditions

1,797

people on average per month fed by our food pantry

97%

high-risk parents showed stronger parenting skills

5,902

home visits providing nursing, environmental health, child development and family support services

98%

infants receiving home nursing visits attained appropriate developmental milestones

90%

children in our summer enrichment program improved at least one reading level

99%

at-risk children served were kept out of foster care

80%

school children had fewer or no emergency room visits as a result of asthma

1000+

donation pickups for the Sharing Place Thrift Store

OUR SUPPORTERS (\$500 and up)

We are immensely grateful for all contributions large and small. Due to space limitations, this list includes donors at the \$500 level and above. Special thanks to those who made in-kind contributions to advance LSA programs and to The Sharing Place Thrift Store.

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<ul style="list-style-type: none"> The Emergency Food Assistance Program (TEFAP) Emergency Food and Shelter Program 	<ul style="list-style-type: none"> NYC Administration for Children's Services NYC Department of Health and Mental Hygiene/ Division of Child Health 	<ul style="list-style-type: none"> NYC Department of Youth and Community Development NYC Mayor's Office of Immigrant Affairs 	<ul style="list-style-type: none"> NYS Department of Health Division of Nutrition/Bureau of Nutrition Risk Reduction, Hunger Prevention and Nutrition Assistance Program (HPNAP) 	<ul style="list-style-type: none"> NYS Office of Children and Family Services One City Health Services 	<ul style="list-style-type: none"> Public Health Solutions
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- Z Crackers

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– Mary Downing | | | | | |

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| • Dentsu Aegis | • Sara Cetron | • Erika Herguth | • Cheryl Madden | • Molly Reich | • Jennifer Tierney |
| • Kelvin Alejo | • Darlene Charalambous | • Sallie Jian | • Merline Mainville | • Hamilton Reiner | • Kara Underwood |
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