



LSA Family Health Service Youth Board: Membership Role & Responsibilities

Mission

LSA Family Health Service, founded by the Little Sisters of the Assumption, strengthens and empowers vulnerable families and children by meeting their basic needs for food, healthcare, education and a safe home, in the belief that affirming families in their own dignity improves the entire community. The LSA Youth Board, composed of dedicated students from private schools in the NYC area, is committed to advancing the LSA mission. Through their volunteer work, fundraising initiatives, and in-kind donation efforts, these young leaders strive to make a positive impact on the lives of families in our community. United by a shared vision of compassion and service, the Youth Board works tirelessly to support and uplift those in need, fostering a spirit of empathy and generosity.

Criteria for Membership

Applications to the LSA Youth Board are reviewed by the Youth Board Chair(s) and LSA staff to determine eligibility, motivation, and commitment. Applicants must be enrolled in high school (grades 9-12) in the NYC area. Youth Board Membership is renewed in the fall of each year, and is contingent upon the member agreeing to and meeting the expectations outlined below.

Expectations for Associate Board Members

- Volunteer for 1 direct service event at LSA.
- Financial give and get of \$3,000-\$5,000 annually (i.e. donate or fundraise), for the group as a whole.
- Organize and host 3-5 in-kind drives as an individual, or with other Youth Board members at your school. Options include:
 - Food drives for LSA's food pantry
 - School supply drives for LSA students
 - Mother's Day baskets
 - Holiday gifts for LSA children (Easter, Halloween, Christmas, etc)
- Attend at least 3 of 4 quarterly Youth Board meetings per year.
- Bring guests and introduce new people to LSA via events and fundraisers.
- Serve as an ambassador for LSA at your school and in your community.
- Introduce LSA to school and extracurricular networks who are interested in volunteerism, non-profit service, and philanthropy.
- Reach out to corporations and organizations for in-kind donations and financial support.

Benefits for Youth Board Members

- Opportunities to take on leadership roles within the Youth Board.
- Networking with like-minded students with an interest in public health and serving fellow New Yorkers.
- Gaining valuable skills and experience in communication, leadership, fundraising, and problem-solving.
- Engagement with volunteerism, non-profit service and philanthropy.
- The satisfaction that comes from making a difference in the lives of those served by LSA.